



Tierra Bella Bicycle Tour

Saturday April 17th, 2010

The Almaden Cycle Touring Club invites you to celebrate Spring by riding some of the prettiest roads in southern Santa Clara County on our 33rd annual Tierra Bella Bicycle Tour. One of California's top-rated cycling events, the Tierra Bella takes place this year on Saturday, April 17th, 2010. With four different routes, from flat to hilly, you are sure to find the route that's right for you. Over 250 ACTC members will be on hand to provide our traditionally outstanding rider support, including multiple rest stops on every route. Rest assured that there will be plenty of GREAT FOOD at every stop, plus a delicious catered hot meal at the end of your ride. And don't forget to order your 2010 Tierra Bella jersey, as well as the 2010 Tierra Bella T-shirt, both new for this year.

Route Descriptions

60K (37.2 mi, 990 ft)

If you have not ridden much over the winter, we recommend this flat route through Gilroy and a big loop out past Uvas and Chesbro Reservoirs. This route makes a good family ride.

100K (63.7 mi, 2241 ft)

With the 100K, you do much of your climbing in the morning, as you start with a climb to Gilroy Hot Springs. After a descent down Cañada Road, you will cross the valley and loop around Uvas and Chesbro Reservoirs before returning to Gavilan College.

Hilly 100 Miles (99.2 mi, 6299 ft)

After you climb to Gilroy Hot Springs, you will turn north for a challenging climb up Thomas Grade and Dunne Ave to Henry Coe State Park hdq. Then you descend back down the same roads and head northwest to Bailey and up to Calero County Park. By this time the northern winds should have picked up to push you south past Chesbro Reservoir and on to Gavilan College.

Hilly 200K (120.6 mi, 7671)

If the 100M is just not enough for you, we have a new option for 2010 – a scenic ride out to New Almaden and a climb up to the summit of Hicks Road, before retracing your route back to Calero County Park to rejoin the 100M.

Fees

Adult Registration (per rider).....	\$48
Family Registration.....	\$96
T-shirt.....	\$15
Jersey.....	\$60

A family is 1 or 2 adults and their minor children. Please submit a separate entry form for each person but submit all forms for a family together.

Starting Location

All rides start at Gavilan College, on Santa Teresa Blvd. just south of Gilroy, about 35 miles south of San Jose. If you are heading south on Highway 101 from Gilroy, turn right on Castro Valley Rd. and right on Santa Teresa Blvd. to the north entrance of Gavilan College. Look for a sign to Gavilan on Hwy. 101 just south of the Monterey Rd. exit.

If you are approaching Gilroy from the south, you will not be able to turn left from northbound 101 onto Castro Valley Rd. due to the median barrier. Continue north to the Monterey Rd. exit where you can loop under 101 and head back south to Castro Valley Rd.

Starting Times

Check-in for changes and pickup of T's and jerseys starts at 7:00 AM. The course closes at 5:00 PM. Riders must start and finish during this interval to insure that they receive the fine quality of food and support that is a Tierra Bella tradition. Rest stop cutoff times will be strictly enforced. Please plan to start your ride according to the following schedule:

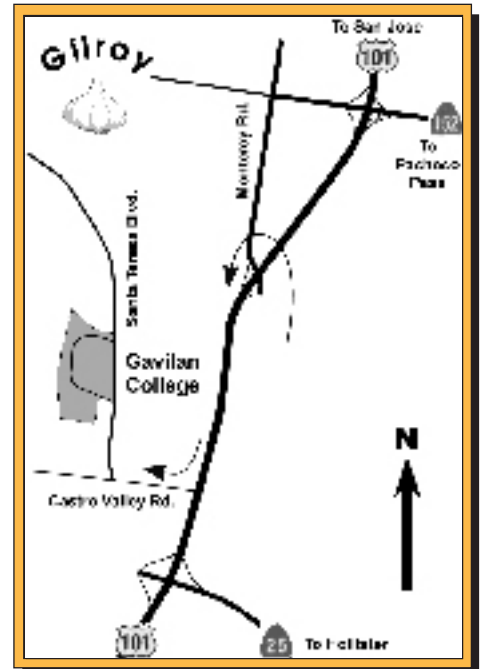
60 K.....	8:00 to 9:00 AM
100 K.....	8:00 to 9:00 AM
100 Mile.....	7:00 to 8:00 AM
200 K.....	7:00 to 8:00 AM

Pre-registration Only!

Registration is limited to 2000 riders. Registration ends when 2000 entries have been received, but no later than March 28, 2010. Register online at www.tierrabella.org or by mail with this entry form. All applications received after registration closes will be returned. If your application is received before March 28 and is not returned, you have been pre-registered. No refunds will be made after March 28, 2010. There is no rain date.

NO late registration!

NO day-of-ride registration!



Parking & Accommodations

Parking at Gavilan College is limited. The college will enforce all parking restrictions and may issue citations. Please rely on our friendly, helpful parking staff (in orange safety vests) to direct you.

There is no overnight parking or camping at Gavilan College. The Gavilan gates will not open until sunrise at 6:30 AM.

Check-in

This year registration materials will be mailed to all registered riders. There will not be a need to check-in unless you have a problem, or need to make a change. Riders may receive replacement registration materials on Saturday morning the day of the event. The gates will not open until 6:30am.

Riders may pickup pre-ordered T-shirts and jerseys at Gavilan College on Saturday morning the day of the ride.

Register Now!

To register online and pay by credit card, please visit www.tierrabella.org where you will find a link to Active.com. Active.com will charge an additional fee for this service.

To register by mail, fill out the entire entry form, page 4, and sign the liability agreement, page 3. Each person must submit a separate set of forms. Enclose your check for the proper amount, payable to ACTC, and mail your registration to:

Tierra Bella Bicycle Tour
P.O. Box 7286
San Jose, CA 95150

Entry forms received without a signed liability form will be returned along with your check.

If you register on-line, you will get an email confirmation, otherwise please enclose a stamped, self-addressed envelope with your mailed application(s).

Questions?

We hope this brochure has answered all of your questions about the 2010 Tierra Bella Tour. But if you still need some information, please contact us:

Phone: 408-255-7957
Email: tierrabella@actc.org

Patches, T-shirts & Jerseys

Just for participating in the ride, you will receive the 2010 Tierra Bella patch with a design similar to the 2010 T-shirt.

This year's pre-shrunk 100% cotton short sleeved T-shirt will feature an all-new design. Order as many as you like at \$15 apiece. You can also order the "official" Tierra Bella Jersey by Voler for just \$60. This is an all-new design. There will be women's style available this year. In order to insure availability by April 17th, jerseys must be ordered by 1/11/10. After 1/11/10, we may not be able to guarantee your size selection.

Check the designs out on our website at www.tierrabella.org. Prices include all applicable sales taxes. Be sure to specify the sizes you want on your registration form.



Massage

Professional massage therapists will be offering muscle-rejuvenating massages at ride's end at Gavilan College. The therapists will charge their customary fee and will accept payment only in cash.

Notice To Unpaid Riders

The Tierra Bella is limited to 2000 riders because of constraints on parking, food, support logistics, and most important, safety. We will be actively screening for unpaid riders on the day of the ride. All riders must wear ID bracelets and display if asked.

If you aren't registered for the Tierra Bella, we ask that you choose a different route for this weekend and trust that you will understand.

Notice To All Riders

ACTC carries no health insurance on your behalf.

Rules Of The Road

For an enjoyable day while riding the Tierra Bella, please use common sense and courtesy while you are on the road. To help insure your safety and the safety of others, we remind you:

Remember this is a *tour, not a race* or an endurance event. Please choose a route which matches your riding capabilities.

You must obey all rules governing vehicle traffic on public roads. **California Vehicle Code rules will be enforced by local police and the CHP. You must:**

Ride Single File On All Roads

Pass Only When It Is Safe

Stop At All Stop Signs

Control Your Speed On Descents

Ride Defensively

Share the road with cars

Other Things To Remember

It is the rider's responsibility to bring a bicycle in safe working condition. You should carry a water bottle, a spare inner tube and patch kit. It's also a good idea to bring a snack in case you are hungry before rest stops.

Always carry identification and an emergency telephone contact and phone number.

Minors under the age of 18 must ride with a responsible adult. All minors must carry the Medical Release Form signed by a parent or guardian (see page 3). Helmets are required by law for minors under the age of 18. ACTC club policy requires every rider, regardless of age, to wear an ANSI-approved helmet.

No alcoholic beverages are permitted.

Do not leave your bicycle unattended. ACTC is not responsible for lost or stolen property.

Use available trash containers, don't litter the roadside

ACTC reserves the right to refuse participation to any rider not conforming to the rules listed.

Return This Part by MAIL to ACTC

RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AND PARENTAL CONSENT AGREEMENT ("AGREEMENT")

In consideration of being permitted to participate in any way in Almaden Cycle Touring Club's sponsored Bicycling Activity I, myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity
2. FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS"), (b) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.
3. HEREBY Release, DISCHARGE, AND COVENANT NOT TO SUE the ACTC, the LAB, their respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

By my signature below I acknowledge that my signature also indicates that no information has been altered or changed from the original of this form. If any information HAS been changed or altered this form will be null and void.

PARTICIPANT'S SIGNATURE _____ PRINTED NAME _____ DATE _____

AND I, THE MINOR'S PARENT AND/OR LEGAL GUARDIAN, UNDERSTAND THE NATURE OF BICYCLING ACTIVITIES AND THE MINOR'S EXPERIENCE AND CAPABILITIES AND BELIEVE THE MINOR TO BE QUALIFIED TO PARTICIPATE IN SUCH ACTIVITY. I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS EACH OF THE RELEASEE'S FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I, THE MINOR, OR ANYONE ON THE MINOR'S BEHALF MAKES A CLAIM AGAINST ANY OF THE RELEASEES NAMED ABOVE, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS LIABILITY, DAMAGE OR COST ANY MAY INCUR AS THE RESULT OF ANY SUCH CLAIM.

By my signature below I acknowledge that my signature also indicates that no information has been altered or changed from the original of this form. If any information HAS been changed or altered this form will be null and void.

PARENT / LEGAL GUARDIAN SIGNATURE _____ PRINTED NAME _____ DATE _____



Medical Authorization and Consent to Minor Rider Pursuant to California Civil Code, Section 1556, and Family Code, Section 6701.
Minor to carry on the day of the ride. **DO NOT MAIL!**

Name of Minor _____ Birth Date _____ Blood Type (if known) _____

The undersigned does hereby authorize _____ or such substitute as he may designate, as agent for the undersigned to consent to any X-ray examination, anesthetic, medical, dental, or surgical treatment, and hospital care for the above minor, which is deemed advisable by and to be rendered under the general or specific supervision of any physician and surgeon, licensed under the Provision of Medicine Practice Act, and/or Dentist licensed under the Dental Practice Act, whether such diagnosis or treatment is rendered at the office of said physician or dentist, at a hospital or elsewhere. This authorization will remain effective while the above minor is in route to and from, involved or participating in, the Almaden Cycle Touring Club Tierra Bella events, unless revoked in writing by the undersigned and delivered to the aforesaid agent.

Parent / Legal Guardian Signature _____ Date _____

Address _____ Phone _____

2010 Tierra Bella Entry Form

Please print legibly. Complete a separate entry form for each rider with a separate signed release (page 3).

First Name

Last Name

Street

City State Zip

Phone Emerg. Phone

Email *(Required; not 911)*

Age If Under The Age Of 18

Route 200K 100Mi 100K 60K



T-shirts (how many for each size) S M L XL 2XL _____

Jerseys (how many for each size) S M L XL 2XL _____

Men _____

Women _____

Registration Fees (number): Adult \$48 per rider Family \$96

Total Fees: Registration \$ _____ + T-shirts (Number x \$15) \$ _____ + Jerseys (Number x \$60) \$ _____

= \$ _____ Total Enclosed



Registration ends when ride is full or March 28th. There will be no late registration!

Tierra Bella
P.O. Box 7286
San Jose, CA 95150

USE
 APPROPRIATE
 POSTAGE



Saturday, April 17, 2010